

October Newsletter

As we ended the month of September, we had an opportunity to recognize the **National Day for Truth & Reconciliation**. RRSD Elementary schools were treated to an experience at the Discovery Center in Brandon where they participated in a variety of activities. At the High School level, we hope to have similar opportunities during the year to participate in cultural proficiency but during the final week of September, our 7-12 students were involved in a number of lessons, activities, and educational programming.

At RCI, each day begins the reading of the **RRSD Land Acknowledgement** statement. We also have a version of O'Canada that includes some indigenous language. Many of our classes (ELA, Social Studies, and History) have portions of their curriculum that include FMNI **lessons**. During the final week of September, several of our staff instructed additional lessons with **videos, songs, readings**, and other **text** to recognize reconciliation. And on September 29th, all our grades took part in one or several lessons during the day.

The feedback from our staff was that there was some authentic conversations and discussions with students about Truth & Reconciliation, what it means to them, to Manitoba, to Canada, and to those who attended residential schools.

Our **Hockey Skills Academy** wore orange Truth & Reconciliation Jerseys (see photo) while our **Senior Varsity Girls Volleyball team** wore orange shirts during their warmups to show their support towards reconciliation while participating in a varsity tournament.

Earlier in the week, RCI hosted a school wide assembly presentation called Live Different. Although it was not specified as Truth & Reconciliation, portions of the presentation directly spoke about the experiences of a daughter of a residential school survivor. She presented her story of resilience and moving forward. Her message was difficult to hear but came with a very inspiring and positive outcome.

As part of our Safe & Caring Schools committee, we will be reviewing how else we can make all children feel safe and welcome in our school and community. We have asked a few parents, staff, and students to sit on this group and discuss not only reconciliation but other areas to help our students feel a sense of belonging and connection at RCI.

As a school, we are continuing to work towards a further understanding of Truth & Reconciliation and how we can support all students feel safe and welcome at RCI. On Tuesday, October 3, 2023, RRSD staff attended professional development focusing on Truth & Reconciliation. We follow up this session on November 6th where our staff will engage in cultural proficiency training. During upcoming in-service days, our teachers will also be reviewing a resource called **Universal Design Learning: Teaching to Diversity and Ensouling our Schools—A framework for Mental Health, Well-Being, and Reconciliation**.

Senior Varsity Girls Volleyball Team



RCI Hockey Skills Academy Orange Shirt Project



LiveDifferent Assembly Presentation:



Four guests from the *LiveDifferent* group (<https://livedifferent.com/>) presented stories and topics about their lived experiences to our grade 7—12 students. They came to us with messages of hope, resilience, and perseverance when being faced with difficult life experiences such as addictions, abuse, suicide etc. Our guests spoke about making good choices and reaching out and accepting help when feeling stuck. They emphasized growth, change, and keeping as positive as possible when life has them down. These *tough* topics meet several outcomes in our Phys.Ed/Health curriculum and over the years we have observed a further need for students to have opportunities to learn more about mental health, addictions, and well-being.

The presentation had many humorous and fun moments and stories as well as some tough themes. One of the main points of the presentation was that *our past does not define who we are or how things will turn out in the future*. Our staff were available to meet with students after the presentations if students needed to debrief.

We had several students who participated by offering their messages of gratefulness, hope, and kindness to others. Ms. Ploshynsky was invited to answer a series of trivia questions and won \$500 towards one of our students potentially taking part in an International Compassion Project with *LiveDifferent* where they help build homes over a nine-day event in Mexico or Dominican Republic. The winner of this prize will be announced later but is not obliged to attend if offered.

"We help young people explore and instill important values, build stronger relationships, and get activated in compassion within their communities and abroad. Our signature programs are designed for long-lasting impact on youth—so they can reach their full potential as kind, compassionate and resilient human beings".

The belief that a vibrant life is derived from showing compassion – first to yourself and then to others – is at the foundation of everything we do. LiveDifferent is a charity that engages youth with school programs in Canada as well as service-learning programs abroad—inspiring them to live a life of compassion and kindness.

www.livedifferent.com/about/

- Snacks (cookies, cereal cakes, muffins, etc.) and desserts will be available on odd school days for varying prices (\$0.50-\$2.00). Students do not need to sign up for these prior to lunch and can line up at the cafeteria at 12:30pm if they would like something.
- Monthly menus will be posted around the school as well as posted on the school website (see below for the October menu).
- When the lunch bell rings at 12:30pm, students who ordered food will line up in the cafeteria to receive food and pay for their meal. The canteen will only be open until all students have moved through the line to get their food (10ish minutes), so students must line up immediately to get their orders.
- Students can pay for their meals at the counter with cash or prepay and have a card with their name on it loaded with any dollar amount for future purchases. If students are paying at the counter, only cash will be accepted. If parents or students would like to prepay a certain amount, they can give the office cash, a cheque made out to "Rivers Collegiate", or e-transfer any amount over \$20 (see e-transfer steps below).
- Note: NO IOU's WILL BE ACCEPTED. All meals, snacks, and drinks must be prepaid or paid for in person by the student.

We expect the first few days of the canteen to be quite busy with many students not having pre-paid cards set up. We encourage students and parents to start paying the office this week (cash, cheque, e-transfer) to load money on their cards so that we are a little less busy on the first few days and can get students their orders in a timely manner. (cash, cheque, e-transfer). Please note that if your student has a remaining credit from last year, their credit will be available to use during this school year!

E-TRANSFER INFORMATION:

- Sent transfer to RCI's email - riverscoll@rrsd.mb.ca
- No password is needed
- Include this message - "student's first name for canteen credit"
- Minimum \$20 per e-transfer

See the October Schedule on the following page.

October 2023

CANTEEN SCHEDULE



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 PD DAY NO SCHOOL	4 CANTEEN OPENS SNACKS/DESSERTS ONLY	5	6 Chicken Quesadillas & Chips/Salsa	7
8	9 THANKSGIVING NO SCHOOL	10	11 Spaghetti/Meatsauce & Garlic Bread	12	13 Chicken Bacon Ranch Wraps & Veg/Dip	14
15	16	17 Big Mac Tator Tot Casserole & Fruit Cup	18	19 Burgars & Fries	20 PD DAY NO SCHOOL	21
22	23	24 Pancakes & Sausage	25	26 Cold Cut Sub & Chips	27	28
29	30 Pizza Bun & Veg/Dip	31	1	2	3	4
5	6	Notes MEAL SPECIAL: \$5 SNACKS/DESSERTS: PRICES VARY				

Calendar Templates by Vertex42
<https://www.vertex42.com/calendars/>

Dear Parents and Guardians;

RE: **“Take Our Kids to Work” Day** – Wednesday, November 1st, 2023

As part of the Career Development: Life/Work Exploration course, grade nine students will be participating in the **“Take Our Kids to Work”** event. Take Our Kids to Work Day is an annual event that provides Grade 9 students with an opportunity to explore careers and workplaces in Manitoba. This year the event will take place on **Wednesday, November 1, 2023.**

The Take Our Kids to Work (TOKTW) program invites 9th-grade students to step into the shoes of diverse professionals for a day, giving them a firsthand look at different careers and helping them explore potential future paths. This event promotes career development education and prepares students for their future by fostering career exploration and expanding their understanding of potential career and education options.

Each student is required to find their own placement for the day. Some will follow a parent or guardian to work, while others may choose to spend the day with a family member or family friend in a profession that interests them. Students have been informed of this requirement and are aware that on November 1st they will not come to school but will instead spend the day at work in their chosen profession.

Please find a 2023 Take Our Kid to Work Day family guide attached. Students will be coming home with the permission form for you to sign and return to the school no later than **October 25th.**

If you have any questions or concerns, please do not hesitate to contact me.
Kind regards,

Christina Gray

2023 Divisional Career Symposium (Gr. 11 & 12) will be held on November 15th at *Minnedosa Collegiate*. Students will be choosing from a variety of post-secondary and career presentations including Brandon University, ACC, Prairie Mountain Health, Law Enforcement, Paramedic training and many others. They will make their selections in late October with RRSB Career Prep Coordinators **Matt Rapsky & Aaron Cibula**. This is a great chance for students to meet people already in the careers/fields of some of future jobs our students might consider. Ask lots of questions and network with as many people as possible.

Career Symposium Day Proposed Schedule:

9:00 - 9:50	Transport by bus to Minnedosa
10:00 -10:30	Post-secondary presentation #1
10:35 -11:05	Post-secondary presentation #2
11:10 -11:50	Career presentation # 1
11:55 -12:35	Keynote speaker about safety
12:35 - 1:05	Lunch
1:10 - 1:50	Career presentation # 2
1:55 - 2:30	Career presentation #3
2:35 - 3:15	Students get on the bus and back to RCI.

Jr. High Soccer: (Ms. Ploshynsky) The grade 7 and 8 classes put together **two soccer teams** for this year's Rolling River School Division Junior High Soccer Tournament. Both teams represented Rivers Collegiate with class and good sportsmanship, and all the athletes worked hard to support their teammates. A big thank you to the high school students who helped Miss Ploshynsky coach and we greatly appreciate Miss Stevenson taking time to join us for the day as a chaperone. Great work everyone, let's do it again next fall!



Under Grad Awards 2022-23

The awards were hosted by Ms. Roberts on Oct. 12, 2023, during the school day. Awards were given out in recognition of Gr. 7-11 Academics, Athletics/Clubs/Groups, and School Service. A highlight of the afternoon was the sheer number of students who participated in a variety of activities as well as the number of students who maintained an 80-90+% average last year. Well Done!





Undergrad awards (2022-2023)

Subject awards (highest mark in each subject)

Grade 7

Avery Brown – English language Arts, French, and Science

Mason Davis- Art

Corbin Munz – Physical Education

Rayanne Shachtay – Woodworking

Alexa Tousignant – Social Studies, Band, French, Math, Science

Grade 8

Emerson Braun – Woodworking

Jayce Oakden – Social studies, Band, art, English Language Arts, French, Math, and Science

Duncan McLean – Band

Jasper Pohl-Cavell – French

Samuel Rivas-Banos – Physical Education

Grade 9

Jillian Hamm- Canada and the Contemporary World, Outdoor Ed, English Language Arts, Physical Education, Math, Science, Keyboarding, Print Communications, Transitional Math

Tori Miller – Band

Caddie Noort-Cotton – Woodworking, Careers

Rainn Paddock – Canada and the Contemporary World, Hockey Academy Skills

Annika Schmidt – Band, Physical Education

Grade 10

Jeremiah Kabluitok – Geography

Sarah Krahn – Essentials Math, Intro to Applied and Pre-Cal Math, Physical Education, Geography, Science, English Language Arts, Current Topics in Science, and Careers

Elle McLean – Essentials Math, Science, English Language Arts, Careers

Kyree McLean – Art

Karas Munz – Hockey Skills Academy

Jack Oakden – Hockey Skills Academy

Aiden Pompana – Woodworking

Pacey Marks – Band

Hannah Paddock – Band

Grade 11

Sierra Bourdin – Foods and Nutrition

Sylke Heijmans - Foods and Nutrition

Nicholas Lade – Hockey Skills Academy

Emily Oldenburger- Biology, Band, History, English Language Arts, Pre-Calculus Math, and Work Experience

Nathan Olson – Physics, Family Studies, and Applies Math

Kennedy Wood – Essentials Math

Award of Excellence (Highest overall average)

Grade 7 - **Avery Brown**

Grade 8 - **Jayce Oakden**

Grade 9- **Jillian Hamm**

Grade 10 - **Sarah Krahn**

Grade 11 - **Emily Oldenburger**

Special Recognition – Jeremiah K. submitted a photograph (below) to RRSD which was selected to be featured on our Divisional Graduation Cards.



The Northern Lights as they danced over Lake Wahtopanah last winter.

Athletics

Junior High Female Athlete of the Year: Jayce Oakden

Junior High Male Athlete of the Year: Winston Lepp

Bronze, Silver, and Gold Certificates

Bronze Academics (Overall Average of 80% or better):

Grade 7

Taylor Brown, Kaylee Klassen, Lucas Lelonde, Kinley Peters, Mylie Vandal

Grade 8

Landon Alvarenga, Colby Burt, Cole Creighton, Cole Lelond, Grady McNish, Miguel Melo-Zapata, Brayden Paddock, Samuel Rivas-Banos

Grade 9

Britton Blandford, Harlen Bridges, Caddie Noort-Cotton

Grade 10

Ashlynn Cripps, Hailey Davis-Howarth, Abbey Jubinville, Troy Lok, Karas Munz, Aiden Pompana, Jordyn Veitch

Grade 11

Logan Creighton, Rachelle Gerrard, Nathan Olson, Kennedy Wood

Bronze School Activities (Participated in 2 or more school teams, groups, or clubs):

Grade 7

Trina Bylo

Grade 8

Jesse Bourdin, Sophia Campbell, Preston Cords

Grade 10

Logan Bridges, Pierce Cords

Grade 11

Zack Bigelow, Sierra Bourdin, Michael Campbell, Cheyanne Heistad, Will Janz, Serj Nicholson, Hailey Plewes

Silver Certificates (Excelled in 2 of the following domains: Academic, School Activities, or Volunteer Service Hours):

Grade 7

Chase Airey, Nova Bourdin, Avery Brown, Mason Davis, Corbin Munz, Bethany Paul, Jillian Schoonbaert, Kodi Schwartz, Rayanne Shachtay, Nathan Stewart, Nia Stewart, William Taylor, Alexa Tousignant

Grade 8

Emerson Braun, Kayden Elliot, Cullen Jackson, Jaxn Jewar, Beau Jubinville, Winston Lepp, Duncan McLean, Jayce Oakden, Jasper Pohl-Cavell, Stella Roulette

Grade 9

Sarah Bridgeman, Meadow Chiborak, Kody Dziver, Rainn Paddock

Grade 10

Bethany Krahn, Sarah Krahn, Mia Lepp, Shayden Manz, Elle McLean, Payton McNish, Cassandra Moar, Jack Oakden, Hannah Paddock, Calle Peters, Madison Vandal

Grade 11

Jacee Jewar, Nicholas Lade, Emily Oldenburger

Gold Certificates (excelled in all 3 areas: Academics, School Activities, and School Volunteer Service Hours):

Grade 9

Darbi Bylo, Jillian Hamm, Annika Schmidt

Principal's Award (overall average of 90% or better):

Grade 7

Chase Airey, Avery Brown, Mason Davis, Kaylee Klassen, Bethany Paul, Nathan Stewart, Alexa Tousignant

Grade 8

Colby Burt, Cole Creighton, Winston Lepp, Duncan McLean, Grady McNish, Jayce Oakden, Samuel Rivas-Banos

Grade 9

Jillian Hamm, Rainn Paddock, Annika Schmidt

Grade 10

Bethany Krahn, Sarah Krahn, Mia Lepp, Elle McLean, Payton McNish, Cassandra Moar, Karas Munz, Jack Oakden, Hannah Paddock, Jordyn Veitch

Grade 11

Logan Creighton, Emily Oldenburger

Breakfast Program

We would like to express our sincere gratitude for the donation of clothes as well as the financial contribution made to the Breakfast/Lunch/Snack Program by the Rivers United Church. Their generosity and thoughtfulness have truly made a difference in many lives of our students.

With the financial donation, we are offering the regular snacks of fruit cups, applesauce, granola bars, crackers, fruits, vegetables, sandwiches, toast and cereal. We are also offering specials such as yogurt parfait, taco salad, chicken caesar salad, hamburger soup, chicken noodle soup and chili. It is amazing to see students come into the room and have options. They sure do love their dill pickles!



Junior High Cross-Country Running: (Mr. Klassen)



We started out with 24 athletes in early September.....but after a few practices we dropped down to 8 who consistently attended practice and WOW did they improve their cardiovascular endurance in a matter of 5 weeks. They competed at the RRAA divisional meet on October 18th. All our athletes were Gr. 7 students this year. I was very impressed with their commitment and work ethic during our season. I hope they will stick with it and be part of our team next year! A big Thank You to **Mr. Maxwell** & several of our Gr. 12 Phys Ed class for setting up the event and racecourse for Rolling River schools. I'd like to thank **Mia Lepp** and **Sarah Krahn**, my assistant coaches, who helped motivate and cheer on our athletes during practices and at the final race. Here are the results from the RRAA X-Country Meet:

Girls: (2km race)

Bekah Smith	1 st	9:17
Silver Mallette	2 nd	10:06
Teyah Branconier	3 rd	10:11
Chloe Kent	6 th	11:54

Boys: (2 km race)

Jake Cory	2 nd	8:36
Sawyer Lepp	3 rd	8:55
Devron Brown	6 th	10:08

Woodworking:



(Ms. Pilatic) In the woodworking shop students started the term by reviewing safety protocols and learning shop etiquette. Students have almost completed their first projects. They had to demonstrate six variations of joints including Mortise & Tenon, Dove tail and Cross half lap to name a few. Students were also expected to ensure the joints fit perfectly flush and each corner measured 90 degrees. We have started our year off with a very technical/fine detail project, but the students are flourishing!



Graduation 2024!!!!

GRAD PARENT MEETING: MONDAY OCTOBER 23rd @ 5:30-6:30PM (Canteen)

Students and Parents are asked to join us for a one-hour meeting about Graduation 2024. We would like to get your parent committees started and begin your journey towards **June 21, 2023**. The parent group from last year is unable to join us on this night, however they will assist this new parent group in following weeks.

Important Dates

October:

- **Wednesday Oct 18th**
 - Jr. High X-Country Running Meet @ Aspen Trail (Rivers)
 - Rain date is Oct 19th
- **Friday Oct 20st**
 - SAGE/MTS Provincial Teacher Conference (No School)
- **Monday Oct. 23rd**
 - **Grad Parent Meeting (Canteen)**
 - 5:30-6:30pm

November:

- **Wednesday, Nov 1st**
 - Take Our Kids to Work Day (Grade 9's)
- **Monday Nov 6th**
 - Divisional PD (No Classes)
- **Tuesday Nov 7th**
 - Gr. 10 Math Provincial Evaluation (*Postponed*)
- **Wednesday Nov 8th**
 - Gr. 10 ELA Provincial Evaluation (*Postponed*)
 - Picture Retakes
- **Thursday Nov. 9th**
 - Remembrance Day Service (School)
- **Friday Nov 10th**
 - HS School PD (No Classes)
- **Saturday Nov 11th (Saturday)**
 - Remembrance Day Service (Community @ RCI)
- **Wednesday Nov 15th**
 - Career Symposium Gr. 11/12 in Minnedosa
- **Friday Nov 24th**
 - Student/Parent/Teacher Interview (No Classes)

December:

- **Friday Dec 22nd**
 - Last Day of Classes 2023
 - Christmas Break runs from Dec. 25-Jan 5

January:

- **Monday Jan 8, 2024**
 - Return to Classes